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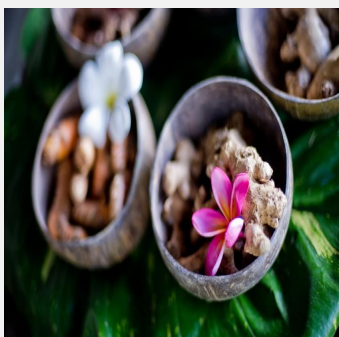
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### Bali Adventure Guide - by The Bali Bible™

Pack your suitcase as its time to explore this island. This guide is all about getting out and about and wanting an adventure or two.

## GREAT WELLNESS ACTIVITIES IN BALI

Some great suggestions for wellness activities in Bali



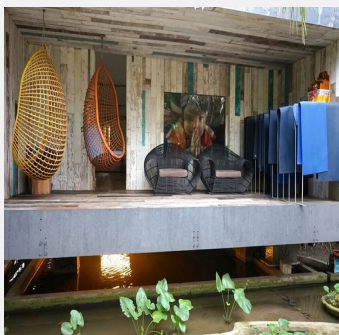
### Rejuvenating Healthy Spa Cuisine

Centuries ago, before the word "spa" was even used in common language, the people of Indonesia had believed that health and beauty were to be promoted from inside both the body and mind. This

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### 3D/2N Yoga Retreat In Canggu (Single Occupancy)

The Center offers yoga for everyone, healthy home-made food, and integrated treatments in a unique space, dedicated to radical well-being and self-empowerment. A yoga class will leave you feeling

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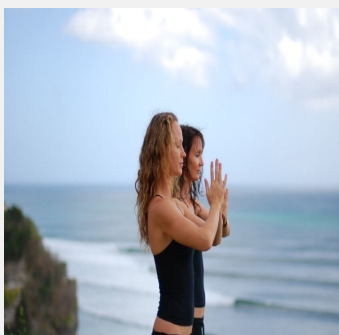
### 6 Yoga Classes Package in Canggu

Yoga, originally from India is really a breathing practice in which we use the body in order to calm the mind. Yoga poses are movements that seek balance by stretching and strengthening of all parts of the

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### Private Yoga Class at your Villa

Please note that the price of this private class is for 1 to 2 people. Hatha Yoga In a Hatha yoga class the postures/asana practiced will vary according to the needs and ability of the student. Whether that

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## Basic Freediving and Yoga Course

This two day freediving course in Amed, Bali, is an excellent general introduction to freediving for anyone interested in developing their aquatic ability. From people with a lot of experience in the water

Jl. I Ketut Natih, Purwakerti, Amed Jemeluk, Kabupaten Karangasem, Bali 80852, Indonesia

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